



# BASIC PROTECTIVE MEASURES AGAINST THE COVID-19



## Advice for Event Attendants

Stay aware of the latest information on the COVID-19 outbreak, available on the WHO website and through your national and local public health authority.

COVID-19 is spreading rapidly across the globe. Most people who become infected experience mild illness and recover, but it can be more severe for others.

Take care of your health and protect others by doing the following:





## BEFORE THE EVENT:

**IF YOU HAVE SYMPTOMS OR FEEL UNWELL, please abstain from attending the event and kindly inform us at your earliest convenience.** The Thai Government has advised that travellers from at-risk countries are strongly encouraged to self-quarantine at their place of residence for 14 days and we ask that you kindly cooperate with this suggestion so that everyone can remain safe.

Please also keep yourself informed of the latest developments by consulting the **WHO daily Thailand Situation Reports**.

## AFTER THE EVENT:

**All participants should monitor themselves for symptoms for 14 days after the event.** If you become ill within that timeframe, please inform us as soon as possible.

**In the event that you suspect having contracted COVID-19, please stay at home and self-isolate, avoid close contact (1 meter or nearer) with other people, including family members, and telephone to your healthcare provider or the local public health department to give them details of your recent travel and symptoms.**

All participants who attend the event will be informed if one or more participant(s) show(s) symptoms within the 14-day timeframe, so that they can follow the same guidelines.



## DURING THE EVENT:

Supplies such as tissues, hand sanitizers and closed bins will be available for all participants.

Surgical masks, to the extent that the potential shortage permits it, will be available in case anyone develops respiratory symptoms.

A separate room will be made available in case anyone is feeling unwell or has symptoms.

In case this happens, you will be provided with a mask so that you can be transferred home safely, or if appropriate, to a health facility.

**All participants are required to “WAI” (customary Thai greeting) instead of shaking hands to greet each other.**

**All participants are required to cover their face a tissue if they cough or sneeze**

**All participants are required to, as much as possible, keep at least 1 METER OF DISTANCE between themselves.**

**All participants are encouraged to regularly use the hand sanitizers that will be available at the event.**

Please contact the 1422 hotline in case you need relevant advice or to give information related to COVID-19.

**Even though the current seating arrangement does not provide for a 1 meter distance between attendees, we will do our best to re-arrange the setting appropriately.**

When possible, doors will be open to make sure the venue is well ventilated.



Equity. Dignity. Social Justice.



*We are united in advocating for issues around HIV and those that advance the rights, health and well being of people of diverse sexual orientation, gender identity, gender expression and sex characteristics.*

**apcom**.org

Equity. Dignity. Social Justice.

APCOM Secretariat | 48 Soi Udomsuk 13,  
Bangna-Nua, Bangna, Bangkok 10260 Thailand  
+66 2399 1145 | [www.apcom.org](http://www.apcom.org) | [apcom@apcom.org](mailto:apcom@apcom.org)



[/apcom.org](http://apcom.org)



[@APCOM](https://twitter.com/APCOM)



[/APCOMorg](https://www.youtube.com/APCOMorg)



[/APCOMorg](https://www.instagram.com/APCOMorg)



[/apcom](https://www.linkedin.com/company/apcom)