

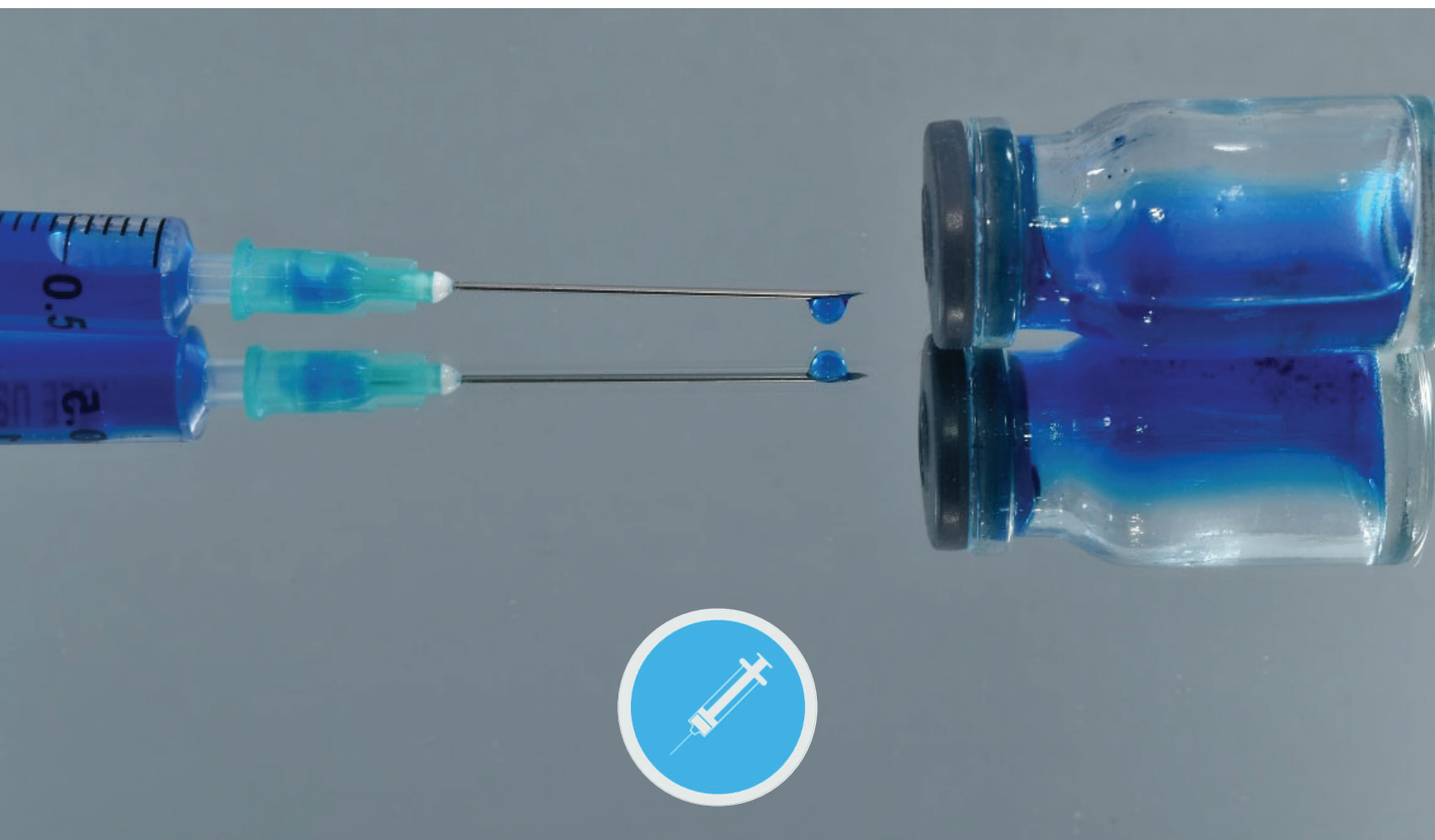
# Long-Acting Injectable PrEP

A shot for HIV prevention (your prick for HIV prevention)

*This info-sheet is a compilation of information to provide more understanding on long-acting injectable Pre-Exposure Prophylaxis (PrEP).*

**If you are a man who has sex with other men (MSM), cis- or trans-gender woman in Asia and the Pacific, you need to know about long-acting injectable pre-exposure prophylaxis (PrEP).**

**This is the latest generation of PrEP and has the potential to be an important and exciting new tool in our HIV prevention toolkit<sup>1</sup>. Unfortunately, injectable PrEP is not widely available yet outside of clinical trials, but we hope it will become available in the near future as an additional option for PrEP throughout the region.**



## WHAT IS THE LONG-ACTING INJECTABLE PREP?

According to new clinical findings, a long-acting injectable PrEP may allow a person at risk of HIV infection a preventive care with one shot every two months.<sup>2</sup> Two studies have shown high levels of protection using the drug cabotegravir.<sup>3</sup>

It might be worth asking your health care professional about having injections of a long-acting drug called cabotegravir (CAB LA), but do note that injectable PrEP is not recommended yet by WHO and more research is needed for it to become a new option in your safe sex toolkit. And remember it is still important to protect you and your sexual partners from other infections such as syphilis and gonorrhea.

## IS IT RIGHT FOR ME? IT MAY BE!

Like oral PrEP, injectable PrEP might be of interest if:

- You are sexually active and are not infected with HIV?
- You like to fuck without using condoms?
- You have many and/or anonymous sexual partners?
- You have chem-sex?
- Your sexual partner is living with HIV?



Then consider  
using  
**PrEP!**

Let your doctor know if you are interested in injectable PrEP, especially if:

- You have difficulty taking oral medication regularly?
- You are worried about confidentiality and oral medications being found?
- You have tried oral PrEP and found it isn't convenient for you?



Then consider using  
**injectable  
PrEP!**

## REMEMBER

- Taking PrEP can prevent sexual transmission of HIV
- Taking PrEP does NOT protect you against other sexually transmitted infections
- Condoms and lubricant can also be used while using PrEP to reduce the risk of sexually transmitted infections
- Use safe injecting equipment if you are using recreational drugs
- Get regular HIV and STI testing to know your status. An HIV test is needed before you can get your PrEP injection.
- While injectable PrEP is highly effective, it cannot completely guarantee that you will not become infected with HIV. If you are infected with HIV, you need to stop your PrEP and begin treatment.



**Resources:**

1. *Injectable PrEP - an exciting tool, but no silver bullet for adherence.* Avert, 23 July 2020.  
Available at: <https://www.avert.org/news/injectable-prep-%E2%80%93-exciting-tool-no-silver-bullet-adherence>
2. *Eight-Week Cabotegravir Injection Has HIV PrEP Potential.* Kevin Kunzmann @ International AIDS Conference, 8 July 2020. Contagion Live.  
Available at: <https://www.contagionlive.com/view/eight-week-cobutegravir-injection-hiv-prep-potential>
3. *Long-Acting Injectable Cabotegravir.*  
Available at: [https://www.avac.org/long-acting-injectable-cabotegravir#:~:text=Long%2Dacting%20injectable%20PrEP%20is,injectable%20\(CAB%2DLA\)](https://www.avac.org/long-acting-injectable-cabotegravir#:~:text=Long%2Dacting%20injectable%20PrEP%20is,injectable%20(CAB%2DLA))

**Other resources:**

- PrEP Global.  
Information available at: <https://www.prep.global>
- *Long-acting injectable cabotegravir for the prevention of HIV infection.*
- Clement, M.E. et al (2020). *Current Opinion on HIV and AIDS.* DOI: 10.1097/COH.0000000000000597  
Available at: [https://journals.lww.com/co-hivandaids/Abstract/2020/01000/Long\\_acting\\_injectable\\_cabotegravir\\_for\\_the.5.aspx](https://journals.lww.com/co-hivandaids/Abstract/2020/01000/Long_acting_injectable_cabotegravir_for_the.5.aspx)
- *Long-acting injectable form of HIV prevention outperforms daily pill in NIH study.* National Institutes of Health (Media Advisory), 7 July 2020.  
Available at: <https://www.nih.gov/news-events/news-releases/long-acting-injectable-form-hiv-prevention-outperforms-daily-pill-nih-study>
- PrEP MAP. APCOM.  
Available at: <https://www.prepmap.org/>
- *PrEP implementation in the Asia-Pacific region: opportunities, implementation and barriers.* Zablotska, I., et al. 18 October 2016. *Journal of the International AIDS Society.* DOI: 10.7448/IAS.19.7.21119  
Available at: <https://onlinelibrary.wiley.com/doi/full/10.7448/IAS.19.7.21119>
- *PrEP to prevent HIV and promote sexual health. Candidates for PrEP.* Rona M. Vail, February 2020. New York State Department of Health AIDS Institute.  
Available at: [https://www.hivguidelines.org/prep-for-prevention/prep/#tab\\_2](https://www.hivguidelines.org/prep-for-prevention/prep/#tab_2)

